

**Hillhurst Sunnyside Daycare
Rainbow Room
Daily Schedule and Routines
(12-14 children 19 months-3 years)**

7:30 am -8:00 am	Greeting/ Handwashing/ Free Play
8:00 am -9:00 am	Snack Time/ Washroom Time
9:00 am -9:30 am	Centre Time/ Table Activities/ Fine Motor Activities/ Free Play
9:30 am – 10:00 am	Circle Time
11:00 am -11:15 am	Gym/ Outdoor Play/ Large Motor Activities
11:15 am -11:30 am	Preparation for Lunch/ Washroom
11:30 am -12:15 pm	Lunch Time
12:15 pm -12:30 pm	Preparation for Nap
12:30 pm – 2:30 pm	Nap Time/ Diapering and Toileting/ Handwashing
2:30 pm -3:00 pm	Snack Time
3:00 pm -3:30 pm	Circle Time
3:30 pm – 4:45 pm	Outdoor/ Large Motor Activities/ Centre Time
4:45 pm -5:30 pm	Free Table Activities / Pick up Time

Updated September,2023