

Addictions and Recovery

Calgary Alpha House Society

<http://alphahousecalgary.com/>

403-234-7388

203 15th Avenue SE

- 4 programs: shelter, detox, outreach, & housing.
- Provides a safe and caring environment for individuals whose lives are affected by alcohol or other drug dependencies.

24 Hour Shelter

- Daytime and overnight shelter for those who are under the influence of or in withdrawal from alcohol and/or other drugs.
- Service offers:
 - a safe, supervised environment for those who require a supportive setting while under the influence of or in withdrawal from alcohol and/or other drugs

Detoxification and Transitional Bed Program

- Support and assistance for men and women who are withdrawing from alcohol and/or other drugs.
- Service offers:
 - information regarding drug, alcohol abuse and harm reduction
 - self-help groups including Sweat Lodge Ceremony, Access to an Elder, Acupuncture and Yoga and AAWEAR Peer Support
 - addiction stabilization, withdrawal management and relapse prevention options
 - addiction treatment planning, referral to addiction treatment programs and other community services
 - Transitional Bed Program assists clients to bridge the gap from homelessness into housing.
- Note:
 - Fees might apply. It depends on the type of the program and the client's background