## **The Alex Community Health Centre**

## (403) 266-2622 #102 2840 2 Ave SE, Calgary AB

https://www.thealex.ca/

- Service targeted to low income individuals that do not have a family Doctor; no Alberta Health Care card required for services.
- Healthcare and health promotion for individuals who have barriers to accessing health and social care.
- Service offers:
  - pregnancy, parenting, sexual and mental health concerns, STI's,
    preventative healthcare, counselling advocacy and resource provision
  - appointments with psychiatrists, psychologists, counsellors, chiropractors, chronic disease nurses, massage and physiotherapy specialists
  - assistance with AISH and identification applications
  - education and health promotion
  - referrals to community resources
- Hours of operation:
  - Monday Friday: 9:00AM 4:30PM
    - Closed for lunch 12:00PM-1:00PM daily.